



Lesson Plan on LTT activities in Greece

Title: Dance		Subject: Sports	
Age: 11	Date: 10.-14.05.2021 (distance learning) Teacher's name: Silva Vainovska	Topic: Folk dance steps	Time: 3x40 min Country: Latvia
Objectives	Students will: understand the effect of dance on the human body; improve the already learned Latvian dance by strengthening physical skills; learn or improve dance steps - stepping, jumping, galloping and polka; create and show a folk dance by involving family members.		
Materials and equipment	player appropriate music place at home during distance learning recording equipment		
Procedure			
Directions	<p>Step 1: Students get acquainted with the informative material prepared by the teacher about the impact of dance on the human body, as well as about the importance of Latvian folk dance in Latvian culture. The material includes information - 5 important facts about dance.</p> <p>Step 2: Students watch in youtube.com video "ABC of folk dance" about the diversity of Latvian folk dances. Draws attention to the variety of dance steps, interaction and specific dance, which they have already learned in the 4th grade.</p> <p>Step 3: To strengthen the steps of the dance game, watch a video from the teacher's personal archive. The video is available to students in a shared document at office.com</p> <p>Step 4: Students continue to get to know, acquire or improve their skills for the basic steps of Latvian folk dance. Students watch a video available on the national television website - replay.lv.</p> <p>Step 5: Before completing the main task, students provide feedback on what they have read, seen and heard from the information provided. Students answer questions in written form:</p> <ul style="list-style-type: none">• What is the name of the dance "ABC of Folk Dance" that starts with the first letter of your name?• What do you know about this dance (at least one fact must be mentioned)?• What does dance mean to you, what is the meaning of dance in your life?• What do you know today about the effects of dance on the human body?• How do you assess your skills in dance - folk dance? <p>Step 6: During the week, students learn and improve their dance step skills according to video materials, combine steps, creating their original dance according to the given criteria. Students have a link to a youtube.com video about possible music for the dance.</p> <p>Step 7: Students teach dance to family members. Record their created dance and send to the teacher.</p>		